



Suggested Nonperishable Foods

We ask for nonperishable foods only. Bulk items are too difficult to deal with so individual items are best. If they can be packed in a doubled-brown paper bag or purchased in cases like vegetables and Mac & cheese that is great and makes them so much easier to transport. If possible, no glass containers please.

Plastic jelly jars, etc. are best.

Pop top lids are easy too and especially for homeless or transient people with children.

When you shop get a wee bit extra...

Peanut butter is especially requested.

Brand name Cereal is a real favorite! Non-sugar is best.

Oatmeal, both instant and natural in box.

Boxed meals like Hamburger Helper, Mac & Cheese.

Canned soups and stews with pop top lids.

Ravioli and spaghetti with pop top lids.

Tuna Fish, Vienna sausage or Spam.

Canned hams.

Canned vegetables & fruits.

Pasta products of all kinds and tomato sauce.

Cake mix and frosting.

Pudding, fruit or Jell-O cups.

Crackers, cookies.

Juice boxes, juice in plastic bottles.

Fruit snack packs, small boxes of raisins or other dried fruits.

Jell-O or pudding mix and other foods kids like that you can think of.

Please be sure packages are not open and are within expiration date.

Deborah McMullen @ 766-6759 anytime for questions or help.

Need volunteers to collect, sort and distribute food to pantries.

Need volunteers to wrap collection boxes in Christmas paper for each office and monitor in each office's box. If you keep the box empty it is best as a full box offers little incentive. All food as it is collected can be taken and stored at the board office. My suggestion is to recruit help at each office so one person is not overwhelmed. For example, get someone to take collected items to the board office every Monday...

Last year's food was distributed to 5 Organizations:

The Ballard Center (serves many young single parents with Kids)

Just Foods (serves the community)

EKAN (serves many homeless families and Especially Grand Parents raising Grandchildren)

Family Promise (families who are just now in a home, have children)

Family Promise Day House

Willow (one of the biggest intake days at the house is Christmas Eve)

Last year, as with every year we get bigger and bigger.

Thanks!